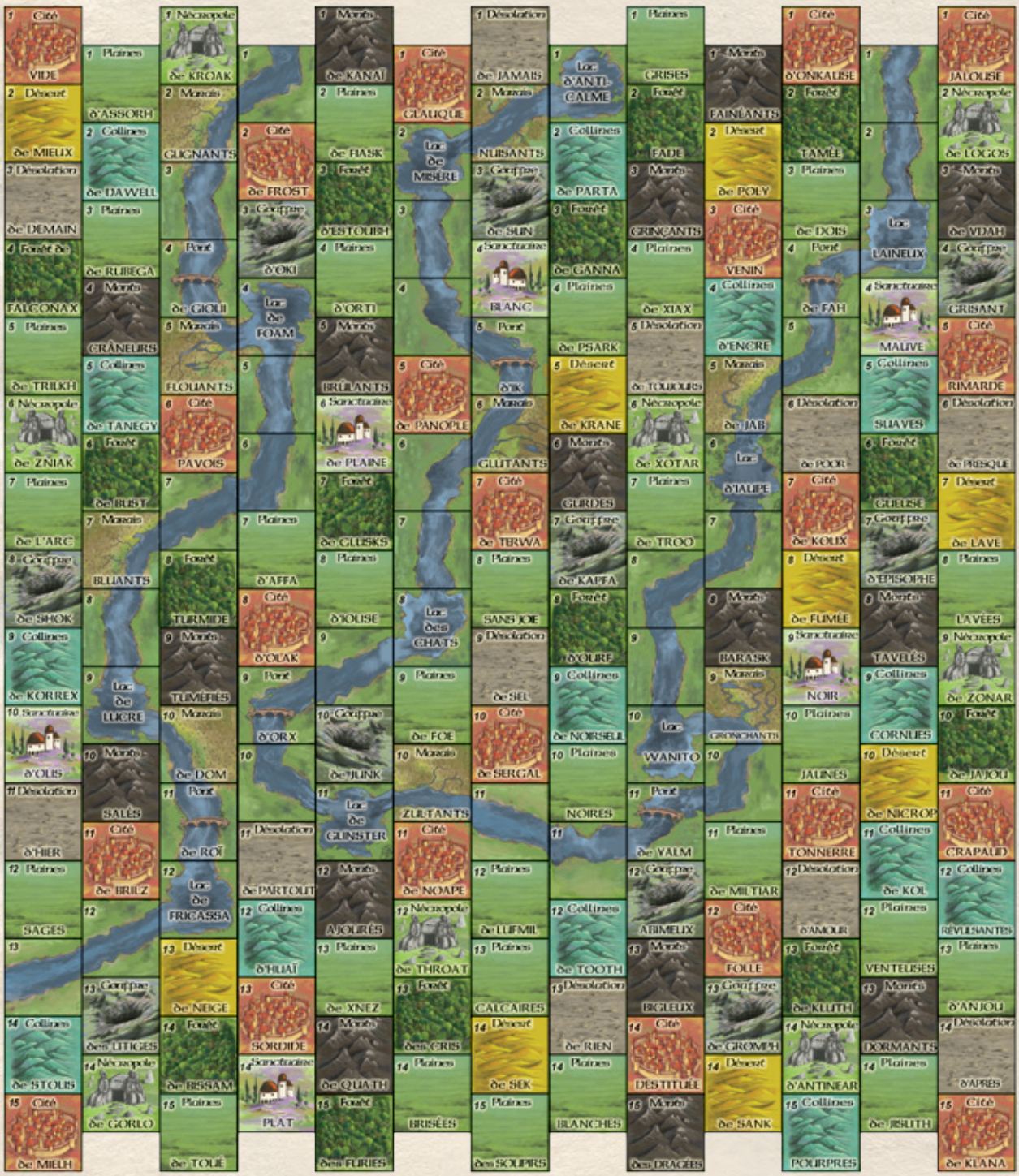Les Terres Médianes du Rêve